

**3rd Quarter
January-March 2019**
**Professional Development Training Opportunities for
Early Childhood Educators in McDowell, Rutherford and Polk Counties**

Educators in all three counties are welcome to register for any trainings, regardless in which county the training is being offered.

All presenters' fees and costs are paid for by the Partnership for Children of the Foothills. There is no charge to participants.

Training Registration: In order to attend training, you must be registered to attend 3 days prior to the training.

McDowell County Training Registration:

Contact: Wanda Wood Phone: (828) 803-0355 Email: wanda@pfcfoothills.org

Rutherford County Training Registration:

Contact: Jamie Nanney or Jessica Osteen Phone: (828) 245-6132 Email: jamie@pfcfoothills.com or jessica@pfcfoothills.org

*If any participant accumulates two no-shows in any of the three counties, they will not be able to attend any future trainings offered for the rest of the year.

*If you are registered and cannot attend, you must call or email Jamie, Jessica or Wanda, at least 1 day (24 hours) prior to the training to avoid being listed as a "no show".

*We are unable to accommodate children, spouses or friends at the training; trainings are only for adults who have pre-registered.

*If you are more than 10 minutes late, you will not be allowed to join the training already in progress.

*If a training has been canceled or postponed, the director or teacher will be notified prior to the training.

*Since we are unable to make extra copies of training certificates, we advise that teachers make copies of their certificates after training, to assist in keeping track of trainings received.

Date & Time	Training & Description	Presenter & Location
<p style="text-align: center;">January 17 6:00 pm-8:00 pm</p>	<p style="text-align: center;">Math and Manipulative Activities Join us to explore activities that will encourage learning through play in the developmental areas of math and manipulatives. *FOR FAMILY CHILD CARE HOMES ONLY*</p>	<p style="text-align: center;">Jessica Osteen and Jamie Nanney (Child Care Specialists) PFC Foothills 338 Withrow Road Forest City, NC 28043</p>



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<p>January 23 6:00 pm- 8:00 pm</p>	<p style="text-align: center;">ITS SIDS</p> <p>This required training explains all the parts of NC SIDS Law, when and how to use the approved waivers, how to best place a baby to bed to sleep, and other "Best Practice" recommendations including creating Safe Sleep Policy, updated research about SIDS and local health and safety resources.</p> <p style="text-align: center;">*This training should be received within the first two months of hire and renewed every three years*</p>	<p>Jamie Nanney and Jessica Osteen (Child Care Specialists)</p> <p>PFC Foothills 338 Withrow Road Forest City, NC 28043</p>
<p>January 24 & 31 (2 Part Series) 6:00 pm-7:30 pm</p>	<p style="text-align: center;">Learning Through Music: Back to the Basics</p> <p>Music, it is not just instruments and singing. Come along as we dive into the connection between music and brain development. We will get back to the basics of what makes learning through music FUN!!</p> <p style="text-align: center;">*Appropriate for teachers of birth to five years of age* <u>*Must attend both nights to receive full credit*</u></p>	<p>Jamie Nanney and Jessica Osteen (Child Care Specialists)</p> <p>PFC Foothills 338 Withrow Road Forest City, NC 28043</p>
<p>January 29 6:00 pm-7:30 pm</p>	<p style="text-align: center;">Aligning Your Lesson Plans with North Carolina Foundations (NCFELD)</p> <p>This training will provide you with knowledge to use the NCFELD resource guide as a tool when creating your lesson plans.</p> <p>Please bring your NCFELD book, a current lesson plan and a blank copy of a plan with you to the training</p> <p style="text-align: center;">*Appropriate for teachers of birth to five years of age*</p>	<p>Wanda Wood (Child Care Specialist)</p> <p>Corpening YMCA 348 Grace Corpening Drive Marion, NC 28752</p>
<p>February 7 6:00 pm-7:30 pm</p>	<p style="text-align: center;">Shake the Wiggles Out!</p> <p>Do your toddlers have ants in their pants?? Running out of ideas to help get their sillies out? Sitting in one spot too long can bring the wiggles out in all children! Let us help you with some activities that can help with releasing their pent-up energy!!</p> <p style="text-align: center;">*Appropriate for teachers of Toddlers*</p>	<p>Jessica Osteen and Jamie Nanney (Child Care Specialists)</p> <p>PFC Foothills 338 Withrow Road Forest City, NC 28043</p>



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<p>February 11 6:00 pm-8:00 pm</p>	<p style="text-align: center;">Effective Supervision</p> <p>What is effective supervision? This training will cover reducing the risks, effective practices and techniques, following policies, and creating safe environments. Join us to refresh your knowledge and/or learn some new skills that will help keep everyone safe.</p> <p style="text-align: center;">*Appropriate for teachers of all ages**</p>	<p>Jamie Nanney and Jessica Osteen (Child Care Specialists)</p> <p>Isothermal Community College 286 ICC Loop Road Spindale, NC 28160</p>
<p>February 12 & 19 (2 Part Series) 6:00 pm-7:30 pm</p>	<p style="text-align: center;">Using Math in the Classroom</p> <p>"Do I have to have a math center?" "I am bad at math, so I don't know how to plan math activities."</p> <p>If you have said these statements or just want fresh ideas on using math in the classroom, this training is for you. We will explore what math is and how it is used daily in activities. We will find new ways to use numbers, graphs, shapes and other fun materials in the classroom.</p> <p style="text-align: center;">*Appropriate for teachers of 18 months to five years of age* <u>*Must attend both nights to receive full credit*</u></p>	<p>Wanda Wood (Child Care Specialist)</p> <p>Corpening YMCA 348 Grace Corpening Drive Marion, NC 28752</p>
<p>February 12 & 26 (2 Part Series) 6:00 pm-8:00 pm</p>	<p style="text-align: center;">Cabin Fever</p> <p>Looking for a way to entertain the children in your classroom on the days that the weather watch chart suggests to limit outdoor times? Get ready for some age appropriate, creative, fun ideas for indoor play on days you are stuck inside!!</p> <p style="text-align: center;">*Appropriate for teachers of two to five years of age* <u>*Must attend both nights to receive full credit*</u></p>	<p>Jamie Nanney and Jessica Osteen (Child Care Specialists)</p> <p>PFC Foothills 338 Withrow Road Forest City, NC 28043</p>



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<p>February 21</p> <p>6:00 pm-8:00 pm</p>	<p style="text-align: center;">ITS SIDS</p> <p>This required training explains all the parts of NC SIDS Law, when and how to use the approved waivers, how to best place a baby to bed to sleep, and other "Best Practice" recommendations including creating Safe Sleep Policy, updated research about SIDS and local health and safety resources.</p> <p style="text-align: center;">*This training should be received within the first two months of hire and renewed every three years*</p>	<p style="text-align: center;">Wanda Wood (Child Care Specialist)</p> <p style="text-align: center;">Corpening YMCA 348 Grace Corpening Drive Marion, NC 28752</p>
<p>March 12 & 19 (2 Part Series)</p> <p>6:00 pm-8:00 pm</p>	<p style="text-align: center;">Hidden Dangers</p> <p>To post or not to post, that is the question. This training will focus on when, where, and how it is appropriate to share information. Come and join us and help determine whether to turn left or right on your road to professionalism.</p> <p style="text-align: center;">*Appropriate for teachers of birth to five years of age* <u>*Must attend both nights to receive full credit*</u></p>	<p style="text-align: center;">Jamie Nanney and Jessica Osteen (Child Care Specialists)</p> <p style="text-align: center;">PFC Foothills 338 Withrow Road Forest City, NC 28043</p>
<p>March 7</p> <p>6:00 pm-7:30 pm</p>	<p style="text-align: center;">Understanding Autism and How it Affects Young Children</p> <p>This training will discuss how to create an inclusive classroom environment that supports a child with autism. Classroom management tips and strategies will be shared to help the teacher benefit the child.</p> <p style="text-align: center;">*Appropriate for teachers of birth to five years of age*</p>	<p style="text-align: center;">Vickie Deiter (Family Support Network/HOPE)</p> <p style="text-align: center;">Corpening YMCA 348 Grace Corpening Drive Marion, NC 28752</p>



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<p>March 11 6:00 pm-8:00 pm</p>	<p style="text-align: center;">Teasing, Bullying and Being Left Out</p> <p>Join us as we explore important information on how to identify pre-bullying and how to help children learn to more effectively handle teasing, bullying and being left out. We will examine and reflect how our own behavior can help with discouraging certain behaviors.</p> <p style="text-align: center;">*Appropriate for teachers of two to five years of age*</p>	<p style="text-align: center;">Jamie Nanney and Jessica Osteen (Child Care Specialists)</p> <p style="text-align: center;">PFC Foothills 338 Withrow Road Forest City, NC 28043</p>
<p>March 14 6:00 pm-8:00 pm</p>	<p style="text-align: center;">Tools to Use with Negative Behaviors in the Classroom</p> <p>This training focus will be to discuss and strategize how to use your lesson plans, daily schedule, classroom materials and appropriate daily planning to deal positively with negative behaviors.</p> <p style="text-align: center;">*Appropriate for teachers of two to five years of age*</p>	<p style="text-align: center;">Lorrie Smith (NCPK Instructor/Behavioral Support Specialist with McDowell County Schools)</p> <p style="text-align: center;">Corpening YMCA 348 Grace Corpening Drive Marion, NC 28752</p>
<p>March 19 & 26 (2 Part Series) 6:00 pm-7:30 pm</p>	<p style="text-align: center;">Music Time, Let's Bring Back the Fun!</p> <p>Music is a fun and effective means to engage children in the classroom. This two-part series will focus on why we use music, when to use music and how music can be a fun, brain building activity.</p> <p>Part two will provide opportunities to make and take music props to use in your classroom.</p> <p style="text-align: center;">*Appropriate for teachers of birth to five years of age* <u>*Must attend both nights to receive full credit*</u></p>	<p style="text-align: center;">Wanda Wood (Child Care Specialist)</p> <p style="text-align: center;">Corpening YMCA 348 Grace Corpening Drive Marion, NC 28752</p>

